



# OPTICAL GOGGLES

## PRESCRIPTION SWIM GOGGLES

### FOR SHORT SIGHT

Thank you for choosing **BlueReef** – a trusted name in performance swimwear and precision optics.

Your new **BlueReef Optical Goggles** are designed to deliver crystal-clear underwater vision for swimmers with short-sightedness. Whether you're training, racing, or enjoying a casual swim, these goggles combine a competition-grade fit with mirrored prescription lenses that enhance clarity and reduce glare. Crafted with a low-profile design, interchangeable nose bridges, and anti-fog, UV-protected lenses, the BlueReef Optical Goggles offer both comfort and control - so you can focus on your swim, not your gear.

Please read this manual carefully to ensure proper use, maintenance, and safety. With the right care, your BlueReef goggles will provide lasting performance and comfort in every swim.

**Swim smart. See sharp. Choose BlueReef.**

## IMPORTANT SAFETY INFORMATION

These prescription swimming goggles are designed **for surface swimming use only**. They are not a substitute for everyday eyewear and **must not be used for driving, diving, or mechanical eye protection**.

**Not suitable for children under 3 years of age. Recommended for ages 16 and older.**

## ADJUSTING THE FIT

To achieve a watertight and comfortable fit:

- **DO NOT overtighten the headstrap.** A secure fit should be achieved with gentle pressure.
- Press the goggles lightly against your eyes to create a natural suction.
- Choose the correct **interchangeable nose bridge** for your face. Try the included sizes and use the one that offers the best fit and comfort.

## HOW TO WEAR AND REMOVE SAFELY

### Putting On:

1. Use **both hands** to place the goggle cups onto your eyes.
2. Gently pull the strap over the back of your head.

### Removing:

1. Take hold of both goggle cups and lift them **up onto your forehead**.
2. Carefully slide them back over the top of your head.

⚠ **Never pull the eye cups away from your face and release**, as this can cause injury.



## GOGGLE CARE INSTRUCTIONS

To ensure long-term clarity and comfort:

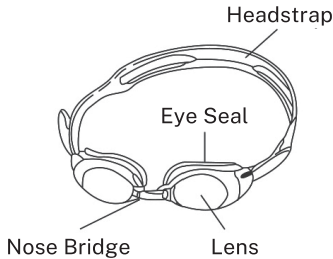
- **DO NOT wipe or rub the inside of the lenses.** This can damage the anti-fog coating.
- **Avoid chemical cleaners.** Rinse only with clean, cold water after each use.
- Allow to **air dry naturally**. Do not use heat or direct sunlight to dry.
- Store goggles in the **included hard case** to prevent scratches or warping.
- Avoid storing next to sharp or rigid objects.

**⚠ WARNINGS**

- Not suitable for diving or underwater impact use.
- Not intended for protection against artificial light sources (e.g., sunbeds).
- Goggles provide UVA protection but are **not a replacement for sunglasses**.
- Do not use if skin irritation occurs.
- Use only under adult supervision if used by teenagers under 16.

**MATERIALS**

Component	Material
Lenses	Polycarbonate (mirrored)
Eye Seal	Silicone
Nose Bridge	Polyurethane / Silicone
Headstrap	Silicone
Strap Adjusters	Polycarbonate



Feature	Details
Product Name	BlueReef Optical Goggles
Lens Type	Prescription (same power in both eyes)
Prescription Range	-1.5 to -8.0 diopters (available in whole increments)
Fit Type	Inner eye socket (low profile)
Age Suitability	16 years and older
Lens Material	Polycarbonate (mirrored, anti-fog coated, UV protection)
Strap Type	Dual/split silicone adjustable strap
Nose Bridge	3 interchangeable sizes included
Color Options	Single color (standard mirrored finish)
UV Protection	Yes (built-in UV-blocking technology)
Anti-Fog Coating	Yes
Field of View	Wide-angle, panoramic
Certifications	World Aquatics (FINA) approved
Packaging	Hard plastic protective travel/storage case included
Assembly	Pre-assembled and ready to use
Ideal For	Competitive swimmers, fitness swimmers, triathletes, recreational use

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